



Packing List

A Note of Explanation:

- Please mark all clothing items with laundry pen before arrival.
- Do not bring magazines, recorded music, music players (such as CD players, iPods or mp3 players), or computers.
- Please do not bring excessive cash or anything of great value. ALERT cannot be responsible for lost or stolen items.

Class/Activity Clothing

- 2 Black polo shirts (will be provided)
- Comfortable closed toed shoes*
- 3 pair of Khaki pants (can be outdoor wear)

Exercise Clothing

- 5-6 pair of dark-colored exercise shorts*
- 6 pair of athletic socks*
- Quality running shoes. You will be using most of the time

Water/Swimming Clothing

- Swim trunks
- Lake/river shoes

Other clothing items

- Dress clothes: Dress shirt, dress slacks, dress shoes
- 3 Quest T-shirts (will be provided)
- 5 dark-colored T-shirts (no inappropriate writing or designs)
- Underwear (7-10 pair)
- Hiking boots/shoes, Something comfortable to walk and run in, you can bring 2 pairs of running shoes.
- 3-5 pair Quality hiking socks (to prevent blisters)*
- Sleepwear
- Shower shoes (i.e. flip-flops)
- Belt*

Additional Information

Items marked with an asterisk are available at our online store: www.thealertstore.com.

Note: Any items ordered through the ALERT Store will be available to pick up upon your arrival.

In order to travel lighter, you have the option to mail your supplies in advance to the address below. Be sure to include your name and address in or on the package.

Events—Quest • One Academy Blvd. • Big Sandy, TX 75755

If you have questions about the list, please contact the Quest staff by email (quest@alertacademy.com) or phone (903-636-9291).

Gear & Necessities

- Bible. If you prefer a version other than KJV, bring a KJV as well*
- Notebook paper, pen, pencil*
- Stationery and postage stamps*
- Cell Phone (Phones will be turned in and checked out for weekly phone calls. He can use a phone here if he does not have one.)
- Lightweight sleeping bag (outdoor use)*
- Pillow and pillow case
- 2 sets of twin sheets
- Towels & Washcloths. 2-3 sets.
- Toiletries (4-week supply)*
- Laundry bag
- White and black Laundry pens*
- Laundry detergent
- Mess Kit (you only need 1 personal sized pan and a cup.)*
- Water bottles (2 1-quart)*
- Day pack/small backpack *
- Rain poncho/Light weight Jacket*
- Small first aid kit (bandages, antibiotic ointment, etc.)*
- Utility gloves for work projects/rope work*
- Whistle*
- Pocket knife*
- Flashlight & batteries*
- Sunscreen and Insect repellent*
- Sunglasses (not mirrored)
- 5-10 Clothes hangers*

Optional Items

- Neck Tie for Church
- Hat (May be told not to wear if inappropriate)
- Travel Iron
- Small camping/backpacking tent*
- Any other small camping gear desired
- Spending Money
- Musical instruments (if played)
- Camera (digital cameras are welcome)